

**Tip:**

If you are a spouse of a transplant patient, show this sample letter to your spouse's doctor. They can explain to your employer why you should stay away from your workplace. The doctor should place it on their letterhead and tailor the bracketed information to fit your situation.

## Sample doctor's letter to spouse's employer

[Date]

To Whom It May Concern

Re: [Spouse First and Last Name]

Dear Sir or Madam,

I am writing concerning your employee, [Spouse Name], who is the spouse of my patient, [Patient Name], who is a highly immunocompromised transplant recipient. I am a [Specialty, e.g. Nephrologist] at [Hospital or Practice Name]. Mr. and Ms. [Name] asked that I write you about [his/her] unique health risks during this COVID-19 pandemic and what you can do to help.

During this time, we are very worried about the risk to transplant recipients, who are highly vulnerable to infections because of the powerful immunosuppressive medications they must take to prevent rejection of their transplant. Such patients are more likely to experience severe illness if they acquire COVID-19.

We are encouraging our patients to try and reduce their risk, including by tele-working and/or temporary work leave. This will help avoid potential exposures in the workplace.

Although [Patient Name] is able to telework, [Spouse Name], is a possible transmission risk due to [his/her] possible workplace exposure. If [he/she] acquires COVID-19, perhaps with mild or no symptoms, the infection may transfer to [his/her] spouse, which could be devastating for them.

We would greatly appreciate if you could increase telework time or other accommodations to help [Spouse Name] maintain greater social isolation until [time period]. Thank you for considering this request; our entire Transplant Team appreciates it!

Sincerely yours,

[Doctor's printed name, credentials, title, etc.]